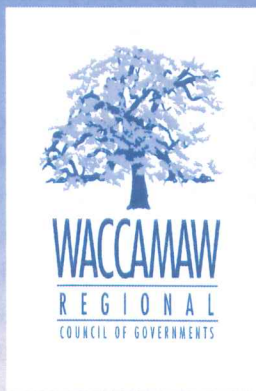


Waccamaw Area Family Caregiver Program

The Waccamaw Area Family Caregiver Support Program (FCGSP) is part of the National Family Caregiver Support Program created in November 2000. The purpose of the program is to assist caregivers by educating them about available services in their communities, helping them to gain access to needed services, and supporting them throughout the care giving experience.



**The Family Caregiver
Support Program
recognizes and celebrates
the caregiver.**



Waccamaw Regional Council of Governments

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Waccamaw Area Family Caregiver Support Program



**"Caring for the
Caregiver"**

Are you an unpaid family caregiver for a frail or disabled adult 60 or older?

Are you a senior caregiver 55+(not the parent or spouse) for an adult 19-59 with disabilities?

Are you an unpaid family caregiver for someone with Alzheimer's Disease?

Are you a relative family caregiver (not the parent), 55 or older, responsible for raising a child related through blood, marriage, or adoption? **If so, the Family Caregiver Support Program can provide:**

- **Information** to caregivers about available services
- **Assistance** to caregivers in gaining access to supportive services
- **Caregiver educational sessions/ support groups** to assist caregivers in making decisions, validating experiences, and solving problems related to their care giving roles
- **Respite care**, in or out of the home, to enable caregivers to be temporarily relieved from their caregiver responsibilities
- **Supplemental services reimbursement** for incontinence supplies, and some home modification, to complement the assistance provided by caregivers

BEING A FAMILY CAREGIVER

Care giving will be one of the most important roles you may undertake in your lifetime. Typically caregivers are juggling work and various family obligations. Trying to balance these responsibilities can be overwhelming even in the best of circumstances. For those who have chosen this path in life it is comforting to know there is somewhere to turn, and someone who cares, in a time when you can feel most alone. The Waccamaw Family Caregiver Support Program is there with you to provide that helping hand on the journey that is known as care giving.

The Family Caregiver Support Program of Waccamaw Aging & Disability Resource Center has been established to assist family caregivers in Horry, Georgetown, and Williamsburg Counties.

CARE GIVING IS A CHOICE

Every individual and situation is unique. Determining if you have the time, ability, patience, financial stability, and energy, to undertake the responsibility of care giving requires a careful and well thought out decision making process.

Comforting

Accepting

Resilient

Elightened

Generous

Inspiring

Valuable

Empowered

Reliable

It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself.

